

PAST WINNERS

HOCKEY

BOYS HOCKEY

YEAR

GIRLS HOCKEY

Kisumu Boys	NYA	1982	Lugulu Girls	WES
Kisumu Boys	NYA	1983	Lugulu Girls	WES
Kisumu Boys	NYA	1984	Lugulu Girls	WES
St. Patrick's Iten	RVP	1985	Lugulu Girls	WES
Cardinal Otunga	NYA	1986	Lugulu Girls	WES
Cardinal Otunga	NYA	1987	Moi Girls Eldoret	RVP
St. Patrick's Iten	RVP	1988	Moi Nairobi Girls	NRB
Kisumu Boys	NYA	1989	Moi Nairobi Girls	NRB
St. Patrick's Iten	RVP	1990	Precious Blood	NRB
Kisumu Boys	NYA	1991	Nyamira Girls	NYA
Kisumu Boys	NYA	1992	State House Girls	NRB
Kisumu Boys	NYA	1993	Pangani Girls	NRB
Kisumu Boys	NYA	1994	Kisumu Girls	NYA
Kisumu Boys	CEN	1995	Pangani Girls	NRB
Kisumu Day	NYA	1996	State House Girls	NRB
Kisumu Boys	NYA	1997	Pangani Girls	NRB
Menengai High Sch.	RVP	1998	Pangani Girls	NRB
Menengai High Sch.	RVP	1990	Pangani Girls	NRB
Friends Sc. Kamusinga	WES	2000	Pangani Girls	NRB
Friends Sc. Kamusinga	WES	2001	Misikhu Girls	WES
Alliance Boys	CES	2002	Nyawara Girls	NYA
Kamusinga	WES	2003	Misikhu Girls	WES
Kamusinga	WES	2004	Misikhu Girls	WES
Kamusinga	WES	2005	Hillcrest	NRB
Kamusinga	WES	2006	Hillcrest	NRB
Kamusinga	WES	2007	Hillcrest	NRB
Kamusinga	WES	2008	Pangani Girls	NRB
St. Anthony	RVP	2009	St. Cecilia Misikhu	WES
F.H.S Kamusinga	NZOIA	2013	Sinyolo Girls	LAKE
Narok High	MAU	2014	St. John Kaloleni	Coastal
Narok High	MAU	2015	TransNzoia Mixed	NZOIA

CROSS COUNTRY - BOYS

YEAR	WINNER	SCHOOL	PROVINCE
1962	Charles Cheruiyot	St. Patrick's Iten	RVP
1963	Charles Cheruiyot	St. Patrick's Iten	RVP
1984	Charles Cheruiyot	St. Patrick's Iten	RVP
1985	Peter Neno	St. Patrick's Iten	RVP
1986	Cosmas Muiya	Tola High School	EAS
1987	Joseph Tengei	St. Patrick's Iten	RVP
1988	Thomas Osaro		NYA
1989	Richard Ngetich		RVP
1991	Ndone Mathaka		EAS
1992	Daniel Nguku		RVP
1993	Daniel Nguku		EAS
1994			
1995	Charles Kwambai		RVP
1996	Douglas Momanyi		NYA
1997	Douglas Momanyi		NYA
1998	Kipkemboi Ngeny		RVP
1999	Pius Muli		EAS
2000	Willy Kirui		RVP
2001	Solomon Busiendich		WES
2001	Isaac Songor	St. Patrick's Iten	RVP
2003	Gongok Isaac	St. Patrick's Iten	RVP
2007	Lucas Rotich		RVP
2008	Oloiptip Koiseye		NRB
2009	Oloiptip Koiseye		NRB
2013	Elvis Cheboi	Riruta	METRO
2014	Andrew Lorot	Riruta	METRO
2015	Alfred Barkach	Kasisit	MAU

CROSS COUNTRY - GIRLS

YEAR	WINNER	SCHOOL	PROVINCE
1982	Chebet Barnasai	Rift Valley	RVP
1983	Hellen Kimaiyo	Sing'ore Girls	RVP
1984	Hellen Kiamiyo	Sing'ore Girls	RVP
1985	Esther Kiplagat	Kapkenda Girls	RVP
1986			
1987			
1988			
1989	Mallen Mogaka	Nyanza	
1990	Mallen Mogaka	Nyanza	
1991	Lydia Cherornei	Singore Girls	RVP
1992	Lydia Cherornei	Singore Girls	RVP
1993	K.S.T		
1994	Elizabeth Ewoi		Rift Valley
1995	Garonne Tarus		Rift Valley
1996	Hellen Mutai		Rift Valley
1997	Elizabeth Chemweno		Rift Valley
1998	Anita Kipturn		Rift Valley
1999	Mbula Munyao		Eastern
2000	Sally Kipyego		Rift Valley
2001	Beatrice Jepchumba		Rift Valley
2002	Alice Tirnbilil		Rift Valley
2003	Monica Wangare	Kagondo Girls	
2007	Esther Jemtai	Riruta Central	NBI
2008	Chebet Ngweywa		NBI
2009	Kamene Muia		Eastern
2013	Ruth Chebet	Riruta	Metro
2014	Ruth Chebet	Riruta	Metro
2015	Valentine Mateiko	Kaptama	Nzoia

DECATHLON

YEAR	WINNER	SCHOOL	PROVINCE
1982	Patric Cheruiyo	St. Patrick's Iten	RVP
1983	Geofrey Seruiyo	St. Patrick's Iten	RVP
1984	Joseph Samia	St. Patrick's Iten	RVP
1985	Joseph Samia	St. Patrick's Iten	RVP
1986	Joseph Samia	St. Patrick's Iten	RVP
1987	Joseph Tengei	St. Patrick's Iten	RVP
1988			
1989	Joseph Tengei	St. Patrick's Iten	RVP
1990	Sammy Biwott	St. Patrick's Iten	RVP
1992	Sammy Biwott	St. Patrick's Iten	RVP
1993	Titus Ngeno	Rift Valley	
1994			
1995	Solomon Njoroge	Kigumo Bendera	CEN
1996	Kiprotich Ng'eno		NYA
1997	William Chirchir		RVP
1998	William Chirchir		RVP
1999	Nicholas Wachira		CEN
2000	Cornelius		CEN
2001	Cornelius Chirchir	St. Patrick's Iten	RVP
2002	Daniel Kibet	Chemuswa S.S.	RVP
2003	Kenneth Koech	PaulBoit	RVP
2007	Kiprono Koskei	N.	Nyanza
2008	Boniface Mucheru		Central
2009	Boniface Mucheru		Central
2013	Geofrey Kipkoech	Riruta	Metro
2014	Justus Mutisya	Nguutani	Highlands
2015	Dominic Kibitok	Kipsaos	Mau

HEPTATHLON

YEAR	WINNER	SCHOOL	PROVINCE
1982	Frida Kiptala	Singore Girls	RVP
1983	Salina Cheruto	Kapkenda Girls	RVP
1984	Salina Cheruto	Kapkenda Girls	RVP
1985	Salina Cheruto	Kapkenda Girls	RVP
1986	Fransisca Chepkurui	Kipchimchim	RVP
1987	Peris Kirwa	Kapkenda Girls	RVP
1988	Peris Kirwa	Kapkenda Girls	RVP
1989	Tabitha Chepkosgei	Kapkenda Girls	RVP
1990	Salina Kosgei	Kapkenda Girls	RVP
1991	Salina Kosgei	Kapkenda Girls	RVP
1992	Salina Kosgei	Kapkenda Girls	RVP
1993		Kapkenda Girls	RVP
1994	Priscla Isiaoh	Buruburu Girls	NBI
1995	Priscla Isiaoh	Buruburu Girls	NBI
1996	Priscla Isiaoh	Buruburu Girls	NBI
1997	Mary Chepkosgei		RVP
1998	Rose Kigen		RVP
1999	Mary Waithera		CEN
2000	Julia Kuria		CEN
2001	Janet Chepkosgei	Singore	RVP
2002	Joyce Maritim	Itigo Girls	RVP
2003	Joyce Maritim	Itigo Girls	RVP
2004	Janet Wambura		CEN
2008	Milka Wamaitha		CEN
2009	Koki Manunga		EAST
2013	Maximilla	Imali	Nakuru
2014	Margaret Wambui	Tetu	Aberdare
2015	Maximila Imali	Mokwo	Mau

PAST WINNERS
RUGBY

YEAR	VENUE	WINNER	RUNNERS UP
1981	Kakamega H. School	Njoro Boys	Musinga H.S
1992	Kisii H. School	Njoro Boys	Kakamega H.S
1993	Kangaru H. School	Nakuru H.S	Maseno H.S
1994	Kisii H. School	Lenana School	Nakuru H.S
1995	Chepkolil Campus, Eld	St. Marys Sch	Bungoma H.S
1996	Mombasa Sports Club	Nairobi School	Musingu H.S
1997	Nairobi School	St. Marys Sch	Mangu H.S
1998	Meru School	St. Marys Sch	Mangu H.S
1999	Chania H. School	Lenana Sch	St. Marys Yala
2000	Kakamega H. School	Kakamega H.S	St. Marys Yala
2001	Kisii H. School	Nakuru H.S	St. Marys Yala
2002	Nakuru H. School	Kakamega H	Nakuru H.S
2003	Coast	St. Marys Yala	Nairobi Sch
2004	Meru Nakuru High	St. Marys	Nairobi Sch
2005	Nairobi School	Nakuru H.S	Nairobi Sch
2006	Mangu High	Nairobi Sch	Mangu
2007	Kakamega	Musingu	Nairobi Sch
2008	Kisii	Musingu	Kakamega
2009	Hill School	Kakamega	St. Marys Nairobi
2010	Shanzu	Mangu	Kangaru
2011	Meru	Kakamega	Mangu
2012	Eldoret	Kakamega	Maseno
2013	Mangu	Kakamega	St. Marys Yala
2014	Shimo la Tewa	St. Peters Mumias	Maseno School
2015	Nakuru Boys	Laiser Hill	Maseno School

SWIMMING RECORD HOLDERS

EVENT	NAME	PROVINCE	TIME	YEAR
1. Girls Open 1m 4 x 50	Nawab Rhea	Nairobi	2:53:43	2012
2. Boys Open 1m 4 x 50	Illic Pavle	Nairobi	2:31:66	2012
3. Girls Junior 50m Fly	Maria Awori	Coast	0:33:28	1999
4. Girls Senior 50m Fly	Josiah Diana	Nyanza	0:34:47	2012
5. Boys Junior 50m Fly	Karrjal Shah	Nairobi	0:29:60	1995
6. Boys Senior 50m Fly	Illako Edward	Nairobi	1:10:53	2012
7. Girls 100m Breast	Ankita Shah	Coast	1:10:53	2003
8. Boys 100m Breast	Christopher Ragoi	Coast	1:13:52	1999
9. Girls Junior 50m Back	Anita	Coast	0:32:76	2012
10. Girls Senior 50m Back	Ankita Shah	Coast	0:37:76	2006
11. Boys Junior 50m Back	Stig Njiru	Nairobi	0:32:69	2002
12. Boys Senior 50m Back	Patel Chirag	Nairobi	0:30:36	2012
13. Girls Open 100m Free	Kotecha Gouri	Nairobi	1:05:67	2012
14. Boys Open 100m Free	Illako Edward	Nairobi	0:57:06	2012
15. Girls Junior 50m Breast	Harris Jaimee	Nairobi	0:40:49	2012
16. Girls Senior 50m Breast	Cathy Rotich	Nairobi	0:41:29	1998
17. Boys Senior 50m Breast	Christopher Ragoi	Coast	0:35:00	1999
18. Boys Senior 50m Breast	Ahmed Hassan	Coast	0:33:14	2010
19. Girls Open 100m Fly	Debbie Donde	Nairobi	1:18:52	2002
20. Boys Open 100m Fly	Patel Chirag	Nairobi	1:05:11	2012
21. Girls Junior 50m Free	Nyawira Githae	Coast	0:29:12	1999
22. Girls Senior 50m Free	Naila Dress	Nairobi	0:31:60	2006
23. Boys Junior 50m Free	Illako Edward	Nairobi	0:25:54	2012
24. Boys Senior 50m Free	Illako Edward	Nairobi	0:26:16	2012
25. Boys Senior 100m Back	Anita	Nairobi	1:13:38	2012
26. Boys Open 100m Back	Illic Pavle	Nairobi	1:13:05	2012
27. Girls Open Medley Relay 4 x 50m		Coast	2:14:22	2001
28. Boys Open Medley Relay 4 x 50m		Coast	1:53:47	2001
29. Girls Open Freestyle Relay 4 x 50m		Nairobi	2:08:25	2012
30. Boys Open Freestyle Relay 4 x 50m		Nairobi	1:15:31	1994

BASKETBALL PAST WINNERS

BOYS		YEAR	GIRLS	
St. Teresa's	NBI	1982	Menengai H. School	RVP
St. Teresa's	NBI	1983	Limuru Girls	CEN
St. Teresa's Boys	NBI	1984	Alliance Girls	CEN
St. Patrick's Iten	RVP	1985	Kisumu Girls	NYA
St. Patrick's Iten	RVP	1986	Menengai H. School	RVP
St. Teresa's Boys	NBI	1987	Menengai H. School	RVP
St. Patrick's Iten	RVP	1988	Nakuru High	RVP
Mombasa Baptism	COA	1989	Tigoi Girls	WES
Kwale High School	COA	1990	Mukumu Girls	WES
Nyeri Baptist	CEN	1991	Mukumu Girls	WES
Eastleigh H. School	NBI	1992	Tigoi girls	WE
Nyeri Baptist	CEN	1993	Kisumu Girls	NYA
Aquinas H. School	NBI	1994	Mombasa H. School	COA
Aquinas H. School	NBI	1995	Buruburu Girls	NBI
Mombasa Baptist	COA	1996	Nangina Girls	WES
Serani H. School	COA	1997	Kamukunji S. Sch	NBI
St. Austins Academy	NBI	1998	Mombasa H. School	NBI
St. Austins Academy	NBI	1999	Kamukunji H. School	NBI
St. Austins Academy	NBI	2000	Buruburu Girls	NBI
Aquinas H. School	NBI	2001	Mombasa H. School	COA
Maseno School	NBI	2002	Mombasa H. school	COA
St. Austins Acade my	NBI	2003	Kamukunji H. School	NBI
St. Austins Academy	NBI	2004	Tigoi Girls	WES
Maseno	NYA	2005	Mombasa H. School	COA
Laiser Hill	RVP	2006	Mombasa H. School	COA
Maseno	NYA	2007	Mombasa H. School	COA
Laiser Hill	RVP	2008	Mombasa H. School	COA
Laiser Hill	RVP	2009	Shimba Hills	COA
Maseno	NYA	2010	Tigoi Girls	WES
Upper Hill	NBI	2014	Shimba Hills	COA
Maseno Sch	LAKE	2015	Shimba Hills	COA

© 2016 - Kenya Secondary Schools Sports Association (KSSSA)

Website: www.ksssa.co.ke

E-mail: sports@ksssa.co.ke